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## The Development and assessment of reliability and validity of a questionnaire to measure Concordance to 'pressure relief' regimen for pressure injury prevention in seated spinal cord injury

### Background:

To develop and test reliability, and validity of a questionnaire to evaluate concordance to 'pressure relief' for pressure injury prevention in people with spinal cord injury

### Method:

The first phase of the study determined the questionnaire's content and face validity. The original questionnaire included 37 items and was grouped into 5 domains: concordance (7 items), perceived necessity (9 items), concerns about of pressure-relief (4 items), practical barriers to performing pressure-relief (9 items) and perceptions of pressure injury (8 items). Subsequently, the internal reliability consistency and construct validity were demonstrated using 38 completed questionnaires. The test-retest reliability was assessed in ten participants who completed the questionnaires in two weeks intervals.

### Results/Discussion:

As a whole, the questionnaire showed good internal consistency (Cronbach's  $\alpha = .78$ ). The internal consistency reliability for 5 domains were very good (Cronbach's  $\alpha = .70-.87$ ); Pearson correlation coefficient on a test-retest of the same subjects yielded significant correlations in adherence  $r = .91$ ,  $p = .005$ , concern ( $r = .98$ ,  $p < .0001$ ), practical issue ( $r = .93$ ,  $p = .002$ ) and perceptions of pressure injury ( $r = .85$ ,  $p = 0.02$ ).

### Conclusion:

The questionnaire that assesses concordance to 'pressure relief' regimen demonstrated good reliability and validity and met stringent psychometric standards. Future interventional study to evaluate changes with education is warranted. Such a questionnaire could be a promising assessment tool for use in research or practice to promote concordance to 'pressure relief' advice in people living with spinal cord injury.